

ANNUAL DONATIONS

2025

Inspiration
— FOR —
Philanthropy

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SAGITTA
CHARITY FOUNDATION





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SAGITTA CHARITY FOUNDATION



*We believe that with **ability** comes **obligation**.*

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Introduction

Sagitta Charity Foundation is the philanthropic arm of Sagitta Family Office. Sagitta Charity Foundation is driven by a desire to create real, measurable and long-term positive changes via strategically selected organisations that are important to the family and to society in general.

Focus areas

We support organisations within three focus areas:



The welfare of children and young adults

Organisations, initiatives and research that find innovative and measurable ways to make a difference to the mental and physical wellbeing of children and young people, primarily in Denmark.



Health promotion and disease prevention

Organisations, initiatives and research that work to promote good physical and mental health, and to prevent diseases both in Denmark and at a global level.



Disaster relief

Rapid relief in the event of natural disasters, accidents, war and other acute situations in which human life and social order are placed under strain.

Read through the following pages to learn more about the organisations we support. We hope you will appreciate the value of their work and their passion for making a difference.

Best regards,
Sagitta Charity Foundation



When the world feels too heavy: GirlTalk gives young girls a voice

It often starts with a simple chat. A girl sitting on her bed, phone in hand, finally dares to write: "I don't know what's wrong with me." At GirlTalk, that one message becomes the first step towards being heard and finding hope again.

Across Denmark, more and more young girls are struggling. Some has the pressure to perform, others are experiencing loneliness, grief or emotions they don't yet understand. Common to all, however, is a longing to be seen, heard and supported.

Behind those feelings are many different stories. Some girls struggle with performance expectations in school, friendships and family life, while others face concrete challenges such as grief, eating disorders, loneliness or living with a diagnosis. Some are coping with school absenteeism, their parents' divorce, bullying or even abuse. For all of them, the common thread is that life has become difficult to handle alone.

At GirlTalk, they find a safe space. It is a community of understanding and care, where shar-

ing a thought or a tear is the first step towards healing. A place where they can admit out loud that they feel wrong without being made wrong. Here, they are seen, heard and supported, even when life is painful.

"The girls don't come to us saying they're unwell. They say they're lonely, worthless or not good enough. Sometimes they come to talk about losing someone they love, about struggling to fit in or about emotions they can't name. That's not a feeling you can perform your way out of," explains Anna Bjerre, Director of GirlTalk.

"But you can learn to live with it and discover that you are still valuable."

With support from the Sagitta Charity Foundation, GirlTalk has developed a new data system that tracks the thousands of conversations they hold each year. This makes it possible not only to identify patterns and respond to emerging trends, but also to provide policymakers with insights so society can better understand and support young people.

Data is making a difference

One example of how the new data system is already making a difference is GirlTalk's work with the Danish "Trivselskommissionen."

By comparing their own conversation data



The girls don't come to us saying they're unwell. They say they're lonely, worthless or not good enough.

Anna Bjerre, Director of GirlTalk

with the commission's national recommendations, GirlTalk was able to highlight the issues the girls themselves talk about most often – and bring those insights directly into the political debate. This ensures that policies and initiatives are not only based on statistics but also on the real voices of young girls.

Looking ahead, GirlTalk dreams of building even stronger communities where no girl faces hardship alone, and where an entire generation of young women grows up with greater self-worth, resilience and joy in life. •



GIRLTALK

GirlTalk is an organisation dedicated to preventing mental-health issues among girls and young women by offering a chat helpline and support groups.

GirlTalk chat receives more than 8,500 enquiries annually, while the hotline provides 7,500 counseling sessions – but many more girls cannot get through. This highlights the crucial role GirlTalk plays and the need to support their work.

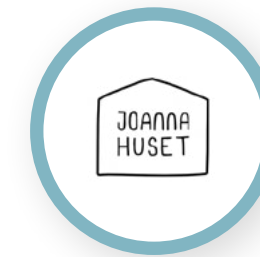
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Donation from Sagitta Charity Foundation:

A total of DKK 1.5M to be paid out in three instalments over the course of three years, starting in 2023.



A home in the storm: Joannahuset welcomes children in crisis

It's 10.30 p.m. on a Thursday night. A 13-year-old girl stands outside the door of Joannahuset, clutching a plastic bag with the few belongings she managed to grab before her mother told her to leave their home. Now, she knocks on the door.

Inside, the door is opened by an adult who greets her with warmth and a simple question: "Would you like something to drink? Or just a place to sit?" The first meeting is never about paperwork, systems or rules. It is about arriving somewhere safe, somewhere she can finally breathe.

A house with open doors and open ears

Joannahuset is a crisis centre for children and young people. On average, a new child comes through its doors every other day. Some have been victims of violence; others come from homes marked by conflict, addiction or neglect. What they share is the feeling of being alone without safety and without a say in their own future.

"All too often, children become invisible in the social cases that concern them," says Jette Wilhelmsen, the Founder of Joannahuset.

"They are described by adults and usually in a language that highlights their problems rather than their strengths."

That is why Joannahuset works differently with the official reports sent to social services when a child is at risk (in Denmark, these reports are called *underretninger*). Here, children

themselves take part in describing their own situation. What matters is that the child's perspective is included, not just the adults' view.

Lise – a guide through the system

With support from the Sagitta Charity Foundation, Joannahuset employs a social worker named Lise who ensures children's voices are not lost in the process.

"The system is often nearly impossible to navigate even for adults," says Jette Wilhelmsen.

"Lise makes sure that children have a space to share their stories and are involved in the process, rather than being spoken over."

When it works

Too often, child protection reports fall apart – placements break down and support plans fail – because the child was never truly involved.

Success looks different at Joannahuset. When they move into a home, they themselves have described as safe instead of a random placement chosen without their voice.

Success is also when a young adult returns at 20 and says: "This was where I learned that not all adults let you down. That there are people you can trust." •

Donation from Sagitta Charity Foundation:
A total of DKK 1.8M to be paid out in three instalments over the course of three years, starting in 2023.



All too often, children become invisible in the social cases that concern them.

Jette Wilhelmsen,
Founder of Joannahuset



Photo: Rita Kuhlmann



JOANNAHUSET

Joannahuset, Denmark's first crisis centre for children and young people, receives approximately one new child every other day. They can host six young people at a time, and at times this capacity is unfortunately not enough. They help, host, counsel and care for around 180–200 children and young people annually.

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Free play is how children become whole human beings. When we lose play, we lose a piece of childhood magic.

Eva Molin, Programme Director at Just Human



JUST PLAY

Just Play is an initiative by Just Human, a Danish NGO founded in 2015. The organisation aims to improve the mental, social, and physical well-being of children, young people and their role models. Just Human addresses the challenges posed by modern society, such as increased levels of stress, physical inactivity and social isolation through various initiatives and projects, such as Just Play.

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When the street turns into a playground

Jump ropes swing, a football rolls and laughter ripples down Nørrebrogade. A passerby stops, smiling: "I haven't skipped rope in 40 years; I just have to try," he says with a smile. For a brief moment, age and everyday worries disappear. The street has turned into a playground and play has found its way back.

This moment captures exactly what Just Human's initiative Just Play is fighting for: to give children the freedom to play without screens, schedules or adult supervision. "Free play is how children become whole human beings. When we lose play, we lose a piece of childhood magic," says Eva Molin, Programme Director at Just Human.

Children's lives are busy

Today, children's lives are increasingly structured and filled with activities. Many rarely play

spontaneously in their neighbourhoods anymore. With support from Sagitta Charity Foundation, Just Play has been able to turn ideas into action.

The donation has made it possible to recruit and train volunteer Play Starters, each equipped with a Just Play Kit filled with simple tools and inspiration to spark play in their local communities. It has also supported the development and roll-out of the teaching programme Giv Slip - Legeflip (Let Go - Play Flow) as well as a nationwide communication effort that in-

spires parents and other adults around children to value free play and give kids a little more freedom to explore on their own.

"We're seeing enormous enthusiasm from parents and teachers who have missed this reminder of how vital play really is," says Eva Molin.

Already, more than 50 Play Starters are spreading free play locally, and over 1,200 teachers have downloaded the teaching materials. The dream is for free play to once again become a natural part of every child's life.

"When children are allowed to play freely, they learn to cooperate, take responsibility and trust themselves to navigate uncertainty, which are skills that last a lifetime," Eva Molin adds.

Just Play is about giving something back that we all remember - the feeling of being free, curious and fully alive. •



Donation from Sagitta Charity Foundation:

A total of DKK 1.5M to be paid out in three instalments over the course of three years starting in 2023.



Too many young people are left with the feeling that they are not good enough and that their body is wrong. That pressure can lead to both eating disorders and self-harm.

Camilla Hersom, Director of Foreningen Spiseforstyrrelser og Selvskade

When the mirror becomes an enemy and the body a battlefield

A 12-year-old girl stands in front of the mirror. She pulls at her sweater, sighs and looks away. On her phone, images of perfect bodies and flawless smiles scroll past endlessly. She feels wrong without really knowing why. For her, and for too many other young people, the body has become a measure of worth.

More and more young people are struggling, and far too many develop eating disorders or turn to self-harm. With support from Sagitta Charity Foundation, two preventive projects can now reach children and adolescents earlier, creating safe communities where the body is not a problem but a resource.

When the body becomes a battlefield

”We see that the level of distress among young people continues to rise, especially among girls.

Donation from Sagitta Charity Foundation:
A total of DKK 4.2M from 2023–2025 supporting the programmes Spejlven and The Body Project.

Too many are left with the feeling that they are not good enough and that their body is wrong. That pressure can lead to both eating disorders and self-harm,” says Camilla Hersom, Director of Foreningen Spiseforstyrrelser og Selvskade (*The Danish Association for Eating Disorders and Self-Harm*).

The two projects, *The Body Project* and *Spejlven*, are designed to prevent children and young people from reaching the point where distress turns into illness.

A language for the body – and communities that carry

In *The Body Project*, young girls gather to discuss beauty ideals, social media, and the unrealistic images they are constantly confronted with.

”We give them a new perspective on their body and tools to accept and appreciate it,” says Camilla Hersom.

The second project, *Spejlven*, targets both boys and girls in middle school. Here, entire classes, teachers and parents take part in workshops.



THE DANISH NATIONAL ASSOCIATION FOR EATING DISORDERS AND SELF-HARM

This organisation is dedicated to supporting individuals struggling with eating disorders and self-harm. It is estimated that around 75,000 people are directly affected by eating disorders in Denmark. The organisation provides resources and counselling, and they run awareness campaigns aimed at improving mental health and promoting recovery across the country.

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”In *Spejlven*, they learn that all bodies are different and that we don’t comment on each other’s bodies or food,” Camilla Hersom explains.

Donations create lasting impact

Support from the Sagitta Charity Foundation has made it possible to reach even more pupils throughout Denmark.

”Being able to offer the projects free of charge to schools removes a huge barrier. Many public schools simply don’t have the funds to buy a programme like this, but we can clearly see the need and demand.” •



It's not about treatment or measurable goals. It's about being chosen by someone who genuinely wants to be there. That fosters a level of emotional safety that professional relationships rarely provide.

Cecilia Decara, Acting Director at Mentorbarn

A friendship can change a life

When life gets tough, one genuine connection can make all the difference

When 14-year-old Emma met her friendship family, she had long lost faith that anyone truly wanted her. Living alone with her father, who struggled with mental illness, her days were marked by loneliness and self-harm. Today, she is free of those dark thoughts, and she still meets her friendship family on nearly a weekly basis, feeling seen and accepted just as she is.

Stories like Emma's are what drive Mentorbarn, an organisation that helps vulnerable children and young people build new, safe relationships. More than 50,000 children and adolescents in Denmark grow up in challenging circumstances, often without a stable network or reliable adults around them. Mentorbarn fills a gap in the system where municipal programmes end and where voluntary relationships can create lasting change.

"What makes Mentorbarn unique is that the relationship between the child and the friendship family is voluntary and unpaid," explains Cecilia Decara, Acting Director at Mentorbarn. "It's not about treatment or measurable goals. It's about being chosen by someone who genuinely wants to be there. That fosters a level of emotional safety that professional relationships rarely provide."

Donation from Sagitta Charity Foundation:
DKK 1M has been donated to ensure 20 matches. Additionally, DKK 1.8M has been donated in three instalments over the course of three years, starting in 2024, to expand and support the organization. In total, DKK 2.8M has been donated to Mentorbarn.



MENTORBARN

Mentorbarn connects vulnerable children with volunteer friendship families across Denmark. Their goal is to provide stability and support, and to let children experience the positive sides of having a family. The children and friendship families often evolve a family-like connection over time.

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Strong relationships that can change lives

Mentorbarn's special approach is based on a thorough social-matching process, carefully considering the experiences, interests and life situations of both the child and the family. This creates strong, lasting relationships that can truly change lives.

Donations from **Sagitta Charity Foundation** allow Mentorbarn to support children who would otherwise be turned away because they do not have a municipal case, the municipality they live in does not have a partnership with Mentorbarn or they refuse to fund all the children in need of a friendship family.

"The unrestricted funds mean we can say yes to children who reach out to us themselves," says Cecilia Decara.

When a child meets a friendship-family, it can spark a new beginning and a life filled with hope, trust and love. ●



Sagitta Charity Foundation supports young people in finding their way

With support from the Sagitta Charity Foundation, Drømmenes Akademi (*Academy of Dreams*) helps young people reconnect with themselves and rediscover the courage to live from the heart.

She could barely speak her own name on the first day with her shoulders tense and eyes fixed on the ground. However, by the end of the programme, she stood on stage in front of 150 people and shared her story with confidence and pride. A young woman who had gone from hiding to inspiring others.

For Nicholas Holst Bjørnøen, Founder of the Drømmenes Akademi, this moment captures the essence of what Sagitta Charity Foundation's support makes possible.

"The greatest change happens when a young person realises that they are already good enough just as they are," he says.

"When they dare to stand with themselves, joy and courage grow, and they start believing they can create a life that feels right to them."

Drømmenes Akademi works with young adults from their early twenties who feel caught between expectations and uncertainty about their future. Through an immersive programme in southern Spain, participants step away from social media, performance pressure and everyday noise to reconnect with their inner compass.

Being young has never been more challenging

"Being young and finding your path in life has never been more challenging," says Nicholas Holst Bjørnøen.

"Social media, unrealistic ideals, high expectations and endless options make it increasingly difficult to determine the direction that truly feels fulfilling. We help young people reconnect with themselves before choosing their direction."

Sagitta Charity Foundation's donation has helped more young people take part in Drømmenes Akademi and has given them access to mentoring and an alumni network that supports their transformation long after the programme ends.

"It feels deeply meaningful," Nicholas Holst Bjørnøen adds.

"Seeing young people beginning to believe in themselves, finding the courage to show who they are and realising that everything they seek is already within them is what this work is all about." •



Donation from Sagitta Charity Foundation:
DKK 559,148 has been allocated to the project with an initial donation in 2025 of DKK 250,000.



Photo: iStock



Finding the path to a fulfilling life today is like navigating with the wrong map. Your true direction appears when you realise that the right map is already within you.

Nicholas Holst Bjørnøen,
Founder of Drømmenes Akademi



DRØMMENES AKADEMI

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headspace Family gives parents hope and tools



Often, just three or four conversations are enough before parents report back that they have reconnected with their child. They are small steps, but with a big impact.

Poul Nyrup Rasmussen, Founder of headspace Denmark

Sometimes families don't need a diagnosis. They just need a place to talk. A place to listen, reconnect and remember they're on the same team. That's what headspace Family gives back to parents and their children.

More and more parents find themselves powerless when their children struggle. Isolation, absence from school and self-isolation have become everyday realities in many homes, and many parents simply do not know how to reach out.

"There is deep despair out there. Parents love their children and want to do everything for them, but they have no idea what to do," says Poul Nyrup Rasmussen, former Prime Minister of Denmark and Founder of headspace Denmark.

A supplement to the welfare state

According to Poul Nyrup Rasmussen, the challenge is that Denmark has moved from a care-based society to a treatment society.

"You must be ill before you get help. Waiting lists are long, and in the meantime, we lose the chance to catch young people in time," he explains.

This is where headspace Family steps in as a vital supplement. The centres offer parents and young people conversations without waiting lists, focusing on restoring contact and providing practical tools for everyday life.

"Often, just three or four conversations are enough before parents report back that they have reconnected with their child. They are small steps, but with a big impact," says Poul Nyrup Rasmussen.

From desperation to new ways forward

headspace Family finds that parents especially ask for practical tools.

"We lack an everyday language and simple guidelines that can help parents, instead of making everything about diagnoses," Poul Nyrup Rasmussen explains.

Donations pave the way

With support from foundations – among them the Sagitta Charity Foundation – headspace Family can expand its work so that even more families gain access to help.

"Without the foundations, there would be no headspace. They make it possible to reach out to those families the welfare system doesn't catch in time," says Poul Nyrup Rasmussen.

Parents' feedback speaks volumes: Nine out of ten say they have gained useful tools and renewed hope. For many, that is the first step towards rediscovering the most important resource of all: the love and connection between parent and child. •

Donation from Sagitta Charity Foundation:
DKK 500,000 in 2023. In 2024, DKK 500,000 was donated to develop the knowledge portal and DKK 200,000 was donated to develop the chat function in order to enable quick and helpful communication and to provide guidance to families. In 2025, another DKK 500,000 has been donated. In total, DKK 1.7M has been donated to headspace Family.



HEADSPACE FAMILY

headspace Family provides counselling and support for the families of young people who are struggling with mental-health challenges. Their goal is to create a safe space for open dialogue, helping families support relatives who are going through a tough time. The donation has supported the opening of five headspace Family centers as well as a chat on the website.

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Bringing hope to Ukrainian young people in wartime with inspiration from headspace Denmark

Millions of young people in Ukraine are growing up with the trauma of war. Many cannot sleep at night, struggle to concentrate and live with constant insecurity. For them and their families, everyday life has been turned upside down.

“Even in the middle of war, we must give children a chance for hope. It cannot only be about weapons and survival, there must also be a future,” says Poul Nyrup Rasmussen, former Prime Minister of Denmark and Founder of headspace Denmark.

From despair to early help

When Ukraine’s First Lady, Olena Zelenska, visited Denmark, she saw headspace in action and identified its potential in Ukraine. Today, five Ukrainian cities – among them Kyiv and Mykolaiv – are preparing to open their own services inspired by headspace Denmark.

“The need is enormous. Ukraine does not have the resources for a fully developed psychiatric system. However, initiatives like this can offer early, preventive support,” explains Poul Nyrup Rasmussen.

Building a culture of volunteering

The new service will follow the headspace Denmark approach of using both trained profession-

als and volunteers to support young people and their families. It is a new approach to mental health in Ukraine, but one that can make early support so much more accessible.

Foundations make it possible

The Ukrainian project is made possible with support from foundations and international partners. headspace Denmark’s guidance will empower local organisations to build their own version of the service. The initial pilot is in five cities, but there are clear ambitions for national expansion.

“Without the foundations, headspace Denmark would not be able to support Ukraine in this aspiration. My dream is that, within five years, most young people in Ukraine will have easy access to early mental health support.” Poul Nyrup Rasmussen stresses.

headspace Denmark is already recognised by the World Health Organisation as a model for early, preventive support. •

Donation from Sagitta Charity Foundation:
DKK 500,000 was donated in 2024 and in 2025 another DKK 500,000 has been donated. In total, DKK 1M has been donated to headspace Ukraine.



Even in the middle of war, we must give children a chance for hope. It cannot only be about weapons and survival, there must also be a future.

Poul Nyrup Rasmussen, Founder of headspace Denmark

HEADSPACE UKRAINE

headspace offers free, anonymous counselling to young people aged 12–25 who are facing mental-health challenges. Their goal is to provide a safe, stigma-free environment where young people can speak openly and get the support they need. For its Ukraine initiative, headspace has partnered with the Olena Zelenska Foundation, Ukrainian authorities and civil society to strengthen the mental health of children and young people affected by war. Inspired by the headspace model, the initiative aims to create safe “Youth Spaces” in five cities in Ukraine, offering hope, security and professional support to the country’s next generation.

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BROEN DANMARK

BROEN Danmark works to ensure that children from financially disadvantaged families can participate in local community activities. They provide funding for sports and recreational pursuits, helping to create a sense of belonging and support. In 2024, BROEN helped 7,514 children and young people to find meaningful leisure activities through their local chapters across 36 municipalities.

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Sometimes belonging begins with a pair of running shoes, a football or simply someone – like BROEN – who believes you deserve to be part of the game.

A bridge to belonging

A boy stands on the sideline, watching his classmates play football. He dreams of joining, but the boots, jersey and club fee are out of reach. Sometimes belonging begins with a pair of running shoes, a football or simply someone – like BROEN – who believes you deserve to be part of the game.

When children grow up without access to sports, music or scouts, they don't just miss out on free time. They miss out on belonging. That's what the organisation BROEN Danmark is working to change.

With support from the Sagitta Charity Foundation, BROEN helps vulnerable children and young people across the country gain access to healthy communities. Through 36 local chapters, families receive financial help for club fees, clothing and equipment, and the impact from this is profound.

"Without BROEN, I would never have had the chance. It feels like someone believes in me and that makes me want to believe in myself," says

a 16-year-old boy who received support to play American football.

Recently, BROEN has expanded with new chapters in Aarhus, and soon in Greenland. When children are part of a community, not only does their confidence grow but their whole world opens up. ●

Donation from Sagitta Charity Foundation:
DKK 500,000 was donated in 2024 and in 2025 another DKK 200,000 has been donated. In total, DKK 700,000 has been donated to BROEN Danmark.



High5Girls has really been a safe space for me. I'd look forward to it all morning, just knowing I'd get to see the other girls; it was always such a great vibe.

A participant

Girls in tech create innovation that benefits us all

Denmark needs more bright minds in technology and science. Yet too few girls choose a STEM-education. This means society is missing out on talent and new solutions. STEM stands for Science, Technology, Engineering and Mathematics.

For High5Girls, the mission is not to push young women into a field they don't feel pas-

sionate about, on the contrary. The organisation works to ensure that those who are genuinely interested don't turn away because of doubt, lack of role models or a culture where they feel alone.

"We see girls who are truly fascinated by technology but hold back because they don't feel they belong. That's a shame because businesses need their talent," says Marianne Andersen, Founder of High5Girls.

A striking example of why diversity matters can be found in the car industry: For many years, seatbelts were designed for a "standard man" of 175 cm. Women, pregnant people and those of different heights were left out, resulting in a greater risk of injury in accidents. Similar challenges exist today in software and AI, where a lack of representation can lead to bias and skewed outcomes.

The link between technology and people is crucial:

"Many girls tell us they want to work with people. However, that is exactly what technology is about: helping people. It can mean developing equipment for the visually or hearing

impaired, improving indoor climates in schools or finding solutions to climate change."

Go to science

Support from the Sagitta Charity Foundation has made it possible to establish Go to Science. It is a programme where girls aged 13-16 meet over five to seven afternoons. They work hands-on with technology, entrepreneurship, visit companies and tech universities, and they meet role models who are women in STEM themselves.

Over the next five years, High5Girls dreams of a Denmark where no girl opts out of a tech education because she feels she doesn't belong.

"Because when girls opt out, we don't just lose talent, we lose the solutions that could have made a difference for us all." •



Donation from Sagitta Charity Foundation:
 DKK 300,000 was donated in 2024 and in 2025 another DKK 800,000 has been donated to be paid out in two instalments over the course of 2025 and 2026. In total, DKK 1,100,000 has been donated to High5Girls.



HIGH5GIRLS

High5Girls empowers young girls to explore the subjects of science, technology, engineering, and mathematics (STEM). They create opportunities for girls to work with technology and meet inspiring role models, with the ambition to boost their confidence and interest in STEM fields. The donation has enabled High5Girls to enrol 275 girls in the 'Go to Science'-programme.

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Denmark's hidden hunger

In Denmark, nearly 50,000 children grow up in poverty, which is the highest number since 2017. For many families, moments that should bring joy, such as the start of school or a confirmation celebration, instead cause them to worry.

Almost half of the families seeking help from Dansk Folkehjælp (*Danish People's Aid*) have less than 3,000 kroner left each month after paying essential bills and more than 30 percent have under 2,000 kroner. Many parents tell of skipping meals so their children can eat or about their going without prescribed medicine to save money. Through initiatives such as *School Start Aid* and *Confirmation Aid*, Dansk Folkehjælp helps families hold on to dignity and hope. •



Donation from Sagitta Charity Foundation:

DKK 200,000 was donated in 2024 for the purpose of the back-to-school aid initiative (*Skolestartshjælp*). In 2025, another DKK 200,000 has been donated to the back-to-school aid initiative as well as DKK 125,000 for the purpose of the Confirmation support initiative (*Konfirmationshjælp*). In total, DKK 525,000 has been donated to Dansk Folkehjælp.



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Better summer memories

Every year, when summer arrives, many Danish families pack their bags for holidays filled with laughter, ice cream, and adventure. But for some families, the school holidays can be a painful reminder of what they can't afford.

Through Mødrehjælpen's Holiday Aid initiative (*Feriehjælp*), children from low-income families get the chance to enjoy a week of fun, sunshine, and shared experiences.

With support from Sagitta Charity Foundation, 250 children were able to take part in summer activities that created lasting memories - stories to share proudly when school started again.

"Our dream," says Camilla Kørvel, "is a Denmark without child poverty - a society where every child grows up with equal opportunities, and where help is not a privilege, but a right." •



Donation from Sagitta Charity Foundation:

DKK 250,000 was donated in 2024 and in 2025 another DKK 100,000 has been donated. In total, DKK 350,000 has been donated to Mødrehjælpen.



For more information, collaborations or to donate, please contact:

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Next generation philanthropy

In 2025, the young philanthropists of Sagitta Charity Foundation have picked three causes that they want to support. The following three organisations have received donations:



SOS Børnebyerne (*SOS Children's Villages*)

SOS Børnebyerne is the world's largest organization focused on ensuring that children and young people without parental care or at risk of losing it grow up with the care, relationships and support they need to become their strongest selves.



Kræftens Bekæmpelse (*The Danish Cancer Society*)

Kræftens Bekæmpelse works to prevent cancer and support those affected. The donation contributes to the "Cancer is not for children" campaign ("Kræft er ikke for børn"). The campaign sheds light on what it means to have a parent with cancer, as well as on the experiences of the 3,400 children and young people in Denmark who are themselves affected by cancer.



Alzheimerforeningen (*The Alzheimer's Association*)

Alzheimerforeningen supports people living with dementia and their relatives through counselling, advocacy and awareness - working to improve quality of life and promote understanding. •



Total donation from Sagitta Charity Foundation for these three initiatives:

DKK 200,000 in 2025.



Giving every child a memorable summer

Ungdommens Røde Kors (*The Danish Red Cross Youth*) is Denmark's largest humanitarian youth organisation. It has more than 4,000 volunteers running 300 social activities nationwide.

Each summer, the organisation hosts 23 Holiday Camps for 1,450 vulnerable children and young people aged 7-17. Supported by a donation from the Sagitta Charity Foundation, and with the help of 1,000 dedicated volunteers, the camps offer children from financially or socially challenged families a much-needed break from everyday worries and a chance to build confidence, lasting friendships and positive memories. ●

▲ **Donation from Sagitta Charity Foundation:**
DKK 200,000 has been donated in 2025 to support the organization's summer camps (Ferielejre).

▼
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A warm meal and a new beginning

In **JunkFood's** kitchen in Copenhagen hope is being created. Every day the team cooks hot, nutritious meals for people living on the streets. For Denmark's 6,000 homeless, a meal means more than just nourishment; it is care, and a sense of belonging.

Thanks to the support from the Sagitta Charity Foundation, JunkFood has been able to hire a former addict who now stands strong in the kitchen. She's become a role model for others who are still fighting. Through JunkWork, young people in vulnerable situations also find their way towards education and employment. ●

▲ **Donation from Sagitta Charity Foundation:**
DKK 100,000 has been donated in 2025.

▼
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When hope becomes research

When cancer strikes the youngest, research is the strongest path to hope.

Every year, nearly 200 children in Denmark are diagnosed with cancer. Brain cancer is the second most common form of cancer among children, and it is the leading cause of cancer-related deaths in young patients. For the families affected, the diagnosis changes everything.

Through Cycling Challenge, Sagitta Charity Foundation supports the vital research led by Børne Hjernecancer Fonden (*The Danish Children's Brain Cancer Foundation, BHCF*).

BHCF has already financed Denmark's first national biobank for children with brain tumours. This groundbreaking investment allows doctors and researchers to store biological material, share data and develop more targeted treatments through national and international collaboration.

Today, the research focuses on immunotherapy, which is a promising field where the patient's own immune system is modified to fight

cancer cells. It's a direction that carries the hope of more effective and gentler treatments – and, one day, perhaps a cure.

At Sagitta Charity Foundation, we proudly support this mission because hope begins with knowledge. Every kilometre cycled, every donation made, and every partnership formed brings us one step closer to a shared goal: find a cure for children's brain cancer. ●

▲ **Donation from Sagitta Charity Foundation:**
DKK 150,000 was donated in 2024 and in 2025 another DKK 150,000 has been donated. In total, DKK 300,000 has been donated to The Danish Children's Brain Cancer Foundation.

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Christmas spirit

The Christmas season is a stressful time for families with limited financial means. For this reason, Sagitta Charity Foundation has supported the following organisations in 2025: Julehjælp Nordsjælland, Dansk Røde Kors, Dansk Folkehjælp and LivaPeople. All these organisations help individuals and families in need to make the sea-

son more festive, inclusive and memorable for children and adults by distributing food parcels, gifts and making other financial contributions. ●

▲ **Donation from Sagitta Charity Foundation:**
DKK 170,000 in 2025.

Women as powerhouses – knowledge and strength in menopause

Menopause is a life stage every woman goes through – yet society still knows far too little about what happens in the body and mind during this transition. That is why the Sagitta Charity Foundation has chosen to support the KISO project (short for Kvinder i Sund Overgang, Women in Healthy Transition), which over the next five years will generate new knowledge and develop concrete tools to benefit women, families, workplaces – and society at large.

This project is about recognizing women as the powerhouses they are. When women – supported by doctors and workplaces – gain the knowledge and tools to navigate menopause, they strengthen their well-being while also contributing with energy, experience, and leadership where it is needed: in companies, in family life, and in leadership roles.

”We know a lot about fertility and diseases, but almost nothing about menopause – even though it affects half of the population,” says Lasse Gliemann, Associate Professor at the University of Copenhagen and project leader of KISO.

For many women, menopause is not only about hot flashes, but also about sleep problems, mood swings, changes in body image, and

physical discomforts that challenge working life, relationships, and self-understanding. That is why we need to develop a new language and a shared understanding of this life stage.

From research to everyday tools

The KISO project works across disciplines: from physiological research on physical activity and symptom patterns to sociological studies of body perception, the workplace, and the meeting between women and their doctors. At the same time, concrete tools are being developed – including a knowledge portal and a patient brochure for general practice.

In the long term, KISO dreams of establishing a national knowledge center that can bring together researchers from many fields and translate insights directly into practice.

A shared responsibility

With its support of KISO, the Sagitta Charity Foundation wants to send a clear message: Menopause is not only a women’s issue – it is a societal issue.

We hope that more foundations, companies, and decision-makers will join us in supporting this important movement. With the right knowledge and support, women in menopause can not only stand stronger, but also unfold as the powerhouses who drive value, well-being, and progress for all of us. ●

Photo: Matthias Svold/Ritzau Scanpix



We know a lot about fertility and diseases, but almost nothing about menopause – even though it affects half of the population.

Lasse Gliemann,
project leader, KISO



KVINDER I SUND OVERGANG

KISO, based at the University of Copenhagen, is a Danish research initiative dedicated to understanding menopause and improving women’s health during this natural life phase. By combining science, education and public awareness, KISO works to break taboos, share knowledge and develop practical tools that support women, healthcare professionals and society.

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Donation from Sagitta Charity Foundation:
DKK 15M over the course of five years starting in 2024.



Photo: Freepik

When men are left out of the conversation – rethinking male infertility

For many couples, the journey towards having a child is filled with hope, love and, at times, heartbreak. When fertility becomes a challenge, the focus typically turns to the woman, while the man is often left standing on the sidelines – uncertain, overlooked and without a clear sense of how he can contribute. At Sagitta Family Office, through Sagitta Charity Foundation, we are changing that conversation.

Research shows that male factors play a role in more than half of all infertility cases, yet most treatment programmes and guidance still primarily focus on women.

It's time for a more balanced approach.

That's why we are developing initiatives that focus on knowledge, prevention and lifestyle, helping men to better understand their own reproductive health as well as offering them concrete ways to take action.

Current insights indicate that sperm quality is influenced by factors such as sleep, nutrition, stress, alcohol, physical activity and environmental exposure. All of these are areas where awareness can make a real difference.

We want to deepen that knowledge and raise awareness so more men can play an active role in the process. Men need more than sympathy. They need insight, inclusion and equality in the fertility journey.

When both partners feel seen and empowered to take action, the path to parenthood becomes a shared journey, not a lonely struggle. Infertility is not just a women's issue. It's a human issue. Change begins where knowledge creates hope, and hope leads to action. ●

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